

MEN

Achilles		
1	Yorks	65.0
2	Kent	63.0
3	Essex	58.0
4	Sussex	43.5
5	Surrey	42.0
6	Hamps	41.0
7	Middx	40.0
8	Warks	31.0
8	Herts	31.0
10	Staffs	26.0
11	N East	25.0
12	Bucks	16.0

Middx/Surrey		
1	WD Scot	33.0
2	Leics & R	27.0
3	Cheshire	26.0
4	BEDS	23.0
5	Avon & Som	16.5
6	Humb	14.0
7	Glous	12.0
8	East Scot	10.0
9	Lancs	9.0
10	Cambs	8.0
11	North Ire	0.0
12	G Man	0.0

Rockingham		
1	Oxford	15.0
2	Mersy	13.0
3	Shrops	12.0
4	S Wales	10.0
4	Notts	10.0
4	ND Scot	10.0
7	Northants	8.0
7	Cumbria	8.0
9	Lincs	7.0
10	Derbys	5.0
10	Berks	5.0
12	W Wales	4.0
13	Wilts	0.0
14	Suffolk	0.0
15	Norfolk	0.0
16	N Wales	0.0

WOMEN

Bedford Plate		
1	Essex	57.5
2	Kent	57.0
3	Yorkshire	56.0
4	Surrey	56.0
5	Warks	46.0
6	Herts	44.0
7	Middx	42.0
8	Hamps	40.0
9	N East	24.0
10	Sussex	21.0
11	Avon & Som	13.0
12	Cheshire	7.0

Essex Shield		
1	Bucks	34.0
2	Northants	19.0
3	Leics & R	19.0
4	Lincs	16.0
5	Wilts	15.0
6	Shrops	14.0
6	Notts	14.0
6	Cambs	14.0
9	Staffs	13.0
10	North Ire	12.0
10	N Wales	12.0
10	BEDS	12.0
13	Humb	11.0
14	East Scot	8.0
15	Worcs	7.0
15	Suffolk	7.0
15	ND Scot	7.0
15	Berks	7.0
19	Glous	6.0
19	G Man	6.0
19	Derbys	6.0
22	Corn	5.0
23	Oxford	4.0
23	Lancs	4.0
25	Devon	3.0
26	WD Scot	1.0
26	Mersy	1.0
26	E Wales	1.0
	W Wales	0.0

COMBINED

Gemini		
1	Yorks	121.0
2	Kent	120.0
3	Essex	115.5
4	Surrey	98.0
5	Middx	82.0
6	Hamps	81.0
7	Warks	77.0
8	Herts	75.0
9	Sussex	64.5
10	Bucks	50.0
11	N East	49.0
12	Leics & R	46.0
13	Staffs	39.0
14	BEDS	35.0
15	WD Scot	34.0
16	Cheshire	33.0
17	Avon & Som	29.5
18	Northants	27.0
19	Shrops	26.0
20	Humb	25.0
21	Notts	24.0
22	Lincs	23.0
23	Cambs	22.0
24	Oxford	19.0
25	Glous	18.0
25	East Scot	18.0
27	ND Scot	17.0
28	Wilts	15.0
29	Mersy	14.0
30	Lancs	13.0
31	North Ire	12.0
31	N Wales	12.0
31	Berks	12.0
34	Derbys	11.0
35	S Wales	10.0
36	Norfolk	8.0
36	Cumbria	8.0
38	Worcs	7.0
38	Suffolk	7.0
40	G Man	6.0
41	Corn	5.0
42	W Wales	4.0
43	Devon	3.0
44	E Wales	1.0
	South Wales	0.0
	NE Count	0.0
	Heref	0.0
	Dorset	0.0

T3 Men's 100m Heats

Standard: 10.7 secs

Heat 1				WS = +2.0 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	12	SOBODU Olufunmi	Essex	10.76		108	Q
2	62	GREEN Darren	KENT	10.80		100	Q
3	99	SCOTT Darren	Cheshire	11.06			Q
4	17	WATLING Peter	Staffs	11.14			
5	2	CLARKE Lewis	Herts	11.20			
6	1	AXTELL Jacob	Lincs	11.23			
7	82	GREEN Will	G Man	11.41			
8	26	LORD Andrew	Glous	11.41			

Heat 2				WS = +1.6 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	64	YEARWOOD Levan	Middx	10.56		148	Q
2	23	GRAHAM Robert	Surrey	10.71		118	Q
3	98	REID Leon	Avon & Som	10.73		114	Q
4	63	SHOWLER-DAVIS Dean	Hamps	10.85			
5	30	WALKER-KHAN Dannish	Yorks	10.94			
6	54	GAYLE Marvin	Hamps	10.97			
7	24	HOPKINS Gareth	S Wales	11.03			
8	29	WALE Luke	Berks	11.14			

Heat 3				WS = +0.2 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	20	BOLARINWA David	Kent	10.38		184	Q
2	55	SWARY Josh	Middx	10.54		152	Q
3	11	SIMPSON Judah	Derbys	10.77		106	Q
4	25	HUSSAIN Jason	Sussex	10.77		106	q
5	9	REEVES Ricky	Yorks	10.79		102	q
6	6	FLEMING Craig	WD Scot	10.80		100	q
7	38	KNIGHT Tom	E Wales	10.92			
8	27	MCNALLY Alex	Cambs	11.07			

Heat 4				WS = +0.1 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	14	TOBAIS Deji	BEDS	10.47		166	Q
2	8	OJURIYE Idris	Surrey	10.69		122	Q
3	5	ELLIS Kevin	Cambs	10.71		118	Q
4	16	TULLEY-MIDDLETON Sebastian	Oxford	10.75		110	q
5	97	BAJERE Scott	Avon & Som	10.82			
6	28	SIMMONS Ben	Shrops	10.84			
7	234	HUGGINS Jordan	Leics & R	10.97			
8	85	KENYON George	N East	11.06			

T12 Men's 100m S/Final

Standard: 10.70 secs

Semi 1				WS +1.9 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	20	BOLARINWA David	Kent	10.35		190	Q
2	55	SWARY Josh	Middx	10.48		164	Q
3	12	SOBODU Olufunmi	Essex	10.66		128	Q
4	5	ELLIS Kevin	Camb	10.76		108	
5	62	GREEN Darren	KENT	10.84			
6	16	TULLEY-MIDDLETON Sebastian	Oxford	10.87			
7	6	FLEMING Craig	WD Scot	10.91			
8	99	SCOTT Darren	Cheshire	11.16			

Semi 2				WS +2.9 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	14	TOBAIS Deji	BEDS	10.30		200	Q
2	64	YEARWOOD Levan	Middx	10.45		170	Q
3	8	OJURIYE Idris	Surrey	10.60		140	Q
4	23	GRAHAM Robert	Surrey	10.63		134	q
5	25	HUSSAIN Jason	Sussex	10.74		112	q
6	98	REID Leon	Avon & Som	10.74	2.5	112	
7	9	REEVES Ricky	Yorks	10.75	2.5	110	
8	11	SIMPSON Judah	Derbys	10.76		108	

T19 Men's 100M Final

Standard: 10.70 secs

FINAL				WS +1.5 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	20	BOLARINWA David	Kent	10.29	10	202	
2	64	YEARWOOD Levan	Middx	10.38	8	184	
3	55	SWARY Josh	Middx	10.51		158	
4	8	OJURIYE Idris	Surrey	10.62	7	136	
5	25	HUSSAIN Jason	Sussex	10.77	6	106	
DQ	14	TOBAIS Deji	BEDS		1		
DNS	23	GRAHAM Robert	Surrey				
DNS	12	SOBODU Olufunmi	Essex		1		

T4 Men's 400M Heats
Standard: 49.00 secs

Heat 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	212	MORRISSEY Richard	Essex	49.18			Q
2	599	GARLAND Dale	Hamps	49.64			Q
3	448	HUNT Markus	Essex	49.69			Q
4	209	PETERS Sam	Devon	49.71			q
5	459	PHIRI Eldridge	Leics & R	49.89			
6	206	NASSIR Abdillah	Leics & R	50.80			
7	223			51.74			
8	441	BOROUGH Ian	Glous	52.20			

Heat 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	205	MCGRATH Jordan	Warks	48.68			Q
2	76	RODGER Seb	Sussex	49.74			Q
3	449	KENDALL Andrew	Middx	49.81			Q
4	447	HAMILTON Matt	Herts	49.82			q
5	436	ALLAN Joshua	Yorks	50.50			
6	438	BALE Alex	Lancs	51.32			
7	444	DORAN Tom	Hamps	54.54			

Heat 3

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	442	BOWIE Jamie	ND Scot	48.24		110	Q
2	218	WARNER Mike	Notts	48.99			Q
3	216	SOUTH Luke	Yorks	49.14			Q
4	203	LEWIS Dwayne	Staffs	49.19			q
5	446	GUY Tom	Staffs	49.53			q
6	435	ADEYEMI Samuel	Surrey	50.23			
7	215	SMITH Owen	N Wales	50.30			

Heat 4

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	273	RILEY David	N East	49.08			Q
2	211	PUTNAM Daniel	KENT	49.21			Q
3	210	PHILLIPS Peter	Surrey	49.93			Q
4	228	BARRY Danny	G Man	50.19			
5	214	SINCLAIR Matt	Sussex	50.39			
6	202	NELSON Shem	Warks	50.65			
7	403	BENNETT Paul	W Wales	51.40			

T14 Men's 400m S/Final

Standard: 49.00 secs

SEMI 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	442	BOWIE Jamie	ND Scot	47.58		136	Q
2	218	WARNER Mike	Notts	47.77		129	Q
3	212	MORRISSEY Richard	Essex	48.23		110	Q
4	203	LEWIS Dwayne	Staffs	48.54			q
5	76	RODGER Seb	Sussex	48.65			q
6	447	HAMILTON Matt	Herts	48.96	2		q
7	210	PHILLIPS Peter	Surrey	49.35			q
8	216	SOUTH Luke	Yorks	49.47			

SEMI 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	205	MCGRATH Jordan	Warks	48.60			Q
2	273	RILEY David	N East	48.99			Q
3	446	GUY Tom	Staffs	49.31			Q
4	448	HUNT Markus	Essex	49.78			
5	449	KENDALL Andrew	Middx	50.59			
6	209	PETERS Sam	Devon	50.84			
7	599	GARLAND Dale	Hamps	DNS			
8	211	PUTNAM Daniel	KENT	DNS			

T6 Men's 800M Heats

Standard: 1m 53.0

Heat 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	819	MOSS Josh	Herts	01:56.58			Q
2	809	HASTEY Rhian	Yorks	01:59.80			Q
3	823	PALMER Shaka	Middx	02:00.00			Q
4	803	CAVEY Steven	KENT	02:00.30			
5	811	IDDIRISU Nakole	Essex	02:00.74			
6	814	MARPER Tom	Cumbria	02:01.48			
7	815	BARFOOT Tom	Herts	02:02.34			
8	821	OSBORNE Russell	Hamps	02:03.98			

Heat 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	808	GRIFFITHS Toby	Shrops	01:56.89			Q
2	804	CHEESEMAN Daniel	Yorks	01:57.24			Q
3	285	O'CONNOR Cathal	Cheshire	01:57.67			Q
4	828	THOMAS Max	Sussex	01:58.08			q
5	824	REED Richard	Lincs	01:58.70			q
6	231	FERGUSON Stuart	Oxford	01:59.64	2		
7	818	MOORCROFT James	Berks	02:01.88			
8	816	MCNABOLA Liam	BEDS	DNF			

T20 Men's 800M Final

Standard: 1m 53.0

Posn	Bib	Athlete	County	Perf	Points	UKA
1	808	GRIFFITHS Toby	Shrops	01:54.05	10	
2	809	HASTEY Rhian	Yorks	01:54.68	8	
3	828	THOMAS Max	Sussex	01:55.85	7	
4	804	CHEESEMAN Daniel	Yorks	01:56.13	-	
5	819	MOSS Josh	Herts	01:56.31	6	
6	823	PALMER Shaka	Middx	01:57.93	5	
7	285	O'CONNOR Cathal	Cheshire	01:59.85	4	
8	824	REED Richard	Lincs	DNF		

T9 Men's 110M Hurdles Heats

Standard: 15.10 secs

Heat 1		WS +1.9 m/s				
Posn	Bib	Athlete	County	Perf	Points	UKA
1	73	HUDSON Matt	Yorks	14.02		192 Q
2	31	AWDE Daniel	Essex	14.28		172 Q
3	236	BUDD Yannick	Avon & Som	14.47		158 Q
4	237	NYANUYO Suote	N East	14.54		153 q
5	67	BADERIN Richard	Oxford	14.91		125 q
6	78	HOLDEN Michael	Essex	15.01	1	118
7	74	NWORGU Isreal	Middx	16.46		
8	75	Dwayne Stoddart	Berks	DNF		

Heat 2		WS +2.2 m/s				
Posn	Bib	Athlete	County	Perf	Points	UKA
1	239	REYNOLDS Ben	Avon & Som	14.05		190
2	68	DAVIS Daniel	Surrey	14.14		183
3	235	MEREDITH Jack	Mersy	14.14	1	183
4	80	HAZELL Ben	Hamps	14.96	2	121
5	79	HENWORTH Peter	Sussex	15.08	1	112
6	81	DORE-WEEKS Matthew	Middx	15.84		
7	76	RODGER Seb	Sussex	DNS		

T17 Men's 110M Hurdles Final

Standard: 15.10 secs

		WS +2.2 m/s				
Posn	Bib	Athlete	County	Perf	Points	UKA
1	239	REYNOLDS Ben	Avon & Som	13.90	10	201
2	73	HUDSON Matt	Yorks	14.14	8	183
3	236	BUDD Yannick	Avon & Som	14.61	-	148
4	68	DAVIS Daniel	Surrey	14.65	7	145
5	237	NYANUYO Suote	N East	14.70	6	141
6	67	BADERIN Richard	Oxford	15.02	5	117
7	31	AWDE Daniel	Essex	-	-	
8	235	MEREDITH Jack	Mersy	-	-	

T10 Men's 3000m Steeplechase Final
 Standard: 9m 10.0

Final

Posn	Bib	Athlete	County	Perf	Points	UKA
1	253	MORRELL Richard	N East	09:34.33	10	238
2	704	MCARTHING James	Sussex	09:40.31	8	229
3	713	MILLWARD Steve	Glous	09:43.85	7	223
4	709	GRIGGS James	Warks	09:44.54	6	222
5	707	COLLINS Tom	Kent	09:50.83	5	212
6	714	WARNER Rob	Essex	09:54.53	4	206
7	701	BELL Kevin	Cumbria	10:25.02	3	156
8	702	BERRYMAN Craig	Hamps	10:56.26	2	

T11 Men's 3000m Walk Final
 Standard: 14m 10.0

Final

Posn	Bib	Athlete	County	Perf	Points	UKA
1	908	KING Daniel	Essex	12:34.03	10	
2	909	KING Dominic	Essex	12:49.77	-	
3	906	EATON Alex	Lancs	13:53.85	8	
4	913	WILLIAMS Mark	Staffs	14:05.58	7	
5	901	BELLS Francisco	Middx	14:23.54	6	

F1A Men's Discus A Pool Pools
 Standard: 48.00m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	515	SCOTT Chris	Surrey	58.90		Q
2	506	DUQUEIMAN Zane	Hamps	54.08		Q
3	511	MCINROY Angus	WD Scot	53.52		Q
4	555	COLEMAN David	Kent	51.35		Q
5	510	LINQUE Christopher	Essex	47.77		Q
6	505	DOUGLAS Devon	Essex	46.83		
-	509	HALL Bradley	Sussex	-		

F1B Men's Discus B Pool Pools
 Standard: 48.00m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	516	OKOYE Lawrence	Surrey	54.77		Q
2	503	COOKE Simon	Sussex	52.19		Q
3	648	WILLIAMSON Jamie	Yorks	50.22		Q
4	514	RALPH Ashley	Herts	43.30	2	
5	539	WHYTE Steve	BEDS	42.82		
6	292	PLOWMAN Mark	Avon & Som	41.53		
7	513	PEARSON Tom	Leics & R	35.58		

F8 Men's Discus Final

Standard: 48.00m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	515	SCOTT Chris	Surrey	58.64	10	
2	506	DUQUEIMAN Zane	Hamps	56.37	8	
3	511	MCINROY Angus	WD Scot	54.36	7	
4	503	COOKE Simon	Sussex	53.34	6	
5	555	COLEMAN David	Kent	53.14	5	
6	516	OKOYE Lawrence	Surrey	52.14		
7	510	LINQUE Christopher	Essex	49.06	4	
8	648	WILLIAMSON Jamie	Yorks	45.77	3	

F2 Men's Triple Jump Final

Standard: 14.70m

Posn	Bib	Athlete	County	Perf		Points	UKA
1	649	AMOSU Babatunde	Surrey	15.75	+1.6	10	
2	367	ADEOYIN Kola	Leics & R	15.48	+2.4	8	
3	667	TWUMASI Ricardo	Leics & R	15.08	+2.2		
4	657	LAWRENCE Joe	Surrey	15.08	+1.0		
5	660	MCKERNAN Michael	Warks	15.06	+3.9	7	
6	661	MORISA Matt	Kent	14.66	+1.9	6	
7	665	TELE Jimi	Essex	14.59	-1.7	5	
8	365	CAMPBELL Theo	Avon & Som	14.52	+3.3	4	
9	592	BONES Joshua	Humb	14.30	+4.1	3	
10	653	EDWARDS Sam	Shrops	14.22	+0.6	2	
11	651	BROWN Kevin	Essex	14.21	+1.8		
12	658	MADDEN Matt	Notts	14.12	+0.8		
13	650	BALERI Jack	Sussex	14.08	+2.2		
14	662	PIKE Bradley	Herts	13.95	+1.9		
-	654	GOLLEY Julian	Middx	-	-		

F3 Men's High Jump Final

Standard: 2.05m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	557	PARSONS Tom	Warks	2.27	10	
2	560	SMITH David	WD Scot	2.10	8	
3	260	CHALLENGER Ben	Leics & R	2.05	7	
4	563	WATSON Matt	Hamps	2.05	6	
5	558	PHELAN Simon	Hamps	2.05		
6	559	SITHOLE Romeo	Leics & R	2.00		
7	547	HAMILTON Jason	Herts	2.00	5	
8	548	HARRIS Elior	Herts	1.95		
9	550	HEATON James	Yorks	1.95	4	
10	545	GARDNER Tom	Sussex	1.95	3	
11	542	BARKER Ashley	Glous	1.90	2	
-	551	HEMMINGS Simon	Essex	NHC		
-	81	DORE-WEEKS Matthew	Middx	NHC		

F4 Men's Pole Vault Final

Standard: 4.60m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	639	THOIRS Jax	WD Scot	4.50	10	
2	636	MILLS Chris	Hamps	4.20	8	
3	80	HAZELL Ben	Hamps	4.20	-	
4	624	DENSBY Martin	Middx	4.20	7	
5	631	JOHNSON Mark	Yorks	4.20	5.5	
5	79	HENWORTH Peter	Sussex	4.20	5.5	
7	630	INGRAM Dave	Sussex	4.05	-	
8	619	ABBOTT-GRIBBEN Benedict	Cambs	4.05	4	
-	620	ADAMS Sam	WD Scot	NHC		
-	635	SHARP George	Lancs	NHC		
-	626	GARDNER Daniel	Herts	NHC		
-	634	MCLENNON Stephen	Middx	NHC	-	
-	31	AWDE Daniel	Essex	NHC	-	
-	640	TITMAN Carl	Cambs	NHC	-	
-	78	HOLDEN Michael	Essex	NHC	-	
-	857	BOSHER Adam	Surrey	NHC	-	
-	627	HALBERG Jesper	Kent	NHC	-	

F9 Men's Shot Putt Final

Standard: 15.50m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	643	BEARD Greg	Yorks	17.06	10	
2	506	DUQUEIMAN Zane	Hamps	16.31	8	
3	648	WILLIAMSON Jamie	Yorks	16.22	-	
4	645	OWEN Nick	Surrey	15.09	7	
5	644	OSHODI Anthony	Essex	15.09	6	
6	502	BRUNT Daniel	Derbys	14.49	5	
7	510	LINQUE Christopher	Essex	13.98	-	
8	642	BAKER Ken	Cambs	13.73	4	
9	539	WHYTE Steve	BEDS	13.65	3	
10	80	HAZELL Ben	Hamps	13.23	-	
11	509	HALL Bradley	Sussex	12.39	2	
12	580	MANSBRIDGE Neil	Sussex	12.33	-	
-	359	RICHARDS Les	N East	NT	-	

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T23 Men's 5000m Final

Standard: 11.2

Final

Posn	Bib	Athlete	County	Perf	Points	UKA
1	319	SANFORD Mark	Essex	14:46.67	10	
2	343	EGERTON Tim	Cheshire	14:48.00	8	
3	318	RYALL Mark	Middx	14:50.65	7	
4	303	CARTER Harry	Hamps	15:00.93	6	
5	306	DOUGLAS James	Cumbria	15:12.37	5	
6	316	PARKER Ryan	Beds	15:25.39	4	
7	302	BRAMFOOT Dave	Hamps	15:28.23		
8	301	BATEMAN Martin	Middx	15:59.55		

F15A Men's Hammer A Pool Pools

Standard: 56

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	230	BOMBA Michael	Mersy	67.02			Q
2	531	RICHARDS Matthew	W Wales	60.96			Q
3	244	BELL Matthew	Northants	59.55			Q
4	532	RIDGEWAY Sam	Bucks	50.70			
5	529	MARTIN Richard	Yorks	48.72			
6	528	LASIS Matt	Sussex	46.76			
7	526	HARLAND-SMITH Nathan	Sussex	46.00			
8	513	PEARSON Tom	Leics & R	44.14			

F15B Men's Hammer B Pool Pools

Standard: 56

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	534	SMITH Alex	Humb	70.54			Q
2	521	BEDFORD James	Humb	66.64			Q
3	523	DRY Mark	Bucks	66.29			Q
4	527	JORDAN Andrew	Kent	62.17			Q
5	540	WILLIAMSON Amir	Kent	61.76			Q
6	537	WARNER Alex	Glous	58.66	3		
7	539	WHYTE Steve	BEDS	55.15	2		
8	530	MINNIKIN Steve	Yorks	50.80			
-	524	BOWN Simon	Essex	-			

F17A Men's Long Jump A Pool Pools

Standard: 7.3

Posn	Bib	Athlete	County	Perf		Points	UKA	
1	595	CARR John	East Scot	7.34	+1.4			Q
2	616	SMITH Leigh	Staffs	7.25	+1.3			Q
3	612	GARDNER Daniel	Yorks	7.24	+2.0			Q
4	606	LEWIS Marlon	Warks	7.10	+2.1			Q
5	607	MCMULLAN Adam	North Ire	7.05	+1.0			
6	618	WREN Ashley	Humb	6.93	+1.8			
7	246	ALLAN Paul	N East	6.85	+0.9			
8	593	BROWN Jacob	Yorks	6.74	+2.8			
9	601	GRENFELL Joel	Cambs	6.71	+0.6			
10	76	RODGER Seb	Sussex	6.65	+2.0			
11	613	RICHARDS Sam	Cambs	6.58	+1.3			
12	617	THOMAS Luke	Middx	2.09	+1.2			
-	615	SAFO Elliot	Surrey	NJ	-			
-	599	GARLAND Dale	Hamps	-	-			

F17B Men's Long Jump B Pool Pools

Standard: 7.3

Posn	Bib	Athlete	County	Perf		Points	UKA	
1	594	BURTON Matthew	Kent	7.47	+0.6			Q
2	600	GREENIDGE-SMITH Kadeem	Herts	7.26	+1.7			Q
3	597	FERNANDEZ Adndre	Middx	7.26	+0.8			Q
4	242	FENN Michael	Northants	7.06	+2.6			Q
5	609	OLUYEMI Paul	Dorset	7.06	+1.1			
6	31	AWDE Daniel	Essex	6.89	+1.4			
7	341	LELLIOT James	Avon & Som	6.85	+1.3			
8	581	MUSKWE Osman	Oxford	6.79	+0.8			
9	518	GREENIDGE Stefan	Herts	6.37	+0.9			
10	80	HAZELL Ben	Hamps	6.35	+1.0			
11	598	FRENCH Tom	Sussex	6.32	+1.1			
12	602	HOLLOWAY Mark	Berks	6.28	+1.2			
-	592	BONES Joshua	Humb	NJ	-			

T28 Men's 400M Final

Standard: 49

Posn	Bib	Athlete	County	Perf		Points	UKA
1	442	BOWIE Jamie	ND Scot	47.63		10	
2	273	RILEY David	N East	47.92		8	
3	218	WARNER Mike	Notts	48.23		7	
4	212	MORRISSEY Richard	Essex	48.24		6	
5	446	GUY Tom	Staffs	48.49		5	
6	76	RODGER Seb	Sussex	48.83		4	
7	203	LEWIS Dwayne	Staffs	48.93			
DNS	205	MCGRATH Jordan	Warks				

T29 Men's 200M Heats

Standard: 21.8

HEAT 1							
WS +2.9m/s							
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	21	CRAIG Chris	Lincs	21.47			Q
2	46	ERUCHIE Somto	Leics & R	21.48			Q
3	41	JOHNSON Steve	Berks	21.67	1		Q
4	61	WOOLRIDGE Lawrence	KENT	21.76			Q
5	98	REID Leon	Avon & Som	21.89			q
6	241	PHIPPIN Yannick	Northants	21.90			q
7	52	WANAGHO Oweka	Surrey	21.98			
8	58	FOLKES James	Hamps	22.51			

HEAT 2							
WS +2.1m/s							
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	100	KILTY Richard	N East	21.55	1		Q
2	37	HAMEED Umar	Yorks	21.66			Q
3	45	MENSAH Lawrence	Surrey	21.71			Q
4	33	DACK Charlie	Essex	21.71			Q
5	34	PHIRI Eldridge	Leics & R	21.82			q
6	42	KANONIK Nick	Glous	22.00			
7	99	SCOTT Darren	Cheshire	22.19			
8	50	SWAN Pat	East Scot	22.67			

HEAT 3							
WS +2.6m/s							
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	59	LEAVEY Nick	KENT	21.12			Q
2	43	LEVINE Nigel	BEDS	21.39			Q
3	31	AWDE Daniel	Essex	21.50	1		Q
4	250	KIBRIDGE Joseph	N East	21.60			Q
5	60	SYLVESTER Lumar	Middx	21.63			q
6	26	LORD Andrew	Glous	22.53			
DNF	44	LEWIS Darren	Staffs				
DNF	251	FAGIN Luke	Avon & Som				

HEAT 4							
WS +2.4m/s							
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	36	EVANS Luke	Lancs	21.34			Q
2	16	TULLEY-MIDDLETON Sebastian	Oxford	21.38			Q
3	25	HUSSAIN Jason	Sussex	21.40	1		Q
4	57	EDJEHU Junior	Middx	21.62	1		Q
5	53	WEBB Cameron	Herts	22.19			
6	48	PYCOCK Alex	Lincs	23.08			
DQ	40	INFANTINO Antonio	Herts				

HEAT 5				WS +3.4m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	14	TOBAIS Deji	BEDS	21.14			Q
2	247	CLOWES Liam	Cheshire	21.22			Q
3	51	THOMAS Julian	Warks	21.35			Q
4	30	WALKER-KHAN Dannish	Yorks	21.42	1		Q
5	56	DRUCES Tom	Hamps	21.96			
6	83	MILLER Tom	South Wales	22.27			
7	32	BOND Jeff	Bucks	23.52			

T32 Men's 200m S/Final
 Standard: 21.8

SEMI 1				WS +2.2m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	59	LEAVEY Nick	KENT	21.07			Q
2	247	CLOWES Liam	Cheshire	21.31			Q
3	16	TULLEY-MIDDLETON Sebastian	Oxford	21.34	2		
4	31	AWDE Daniel	Essex	21.55			
5	33	DACK Charlie	Essex	21.69			
6	25	HUSSAIN Jason	Sussex	21.70			
7	57	EDJEHU Junior	Middx	21.89			
8	241	PHIPPIN Yannick	Northants	21.99			

SEMI 2				WS +2.2m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	100	KILTY Richard	N East	21.04			Q
2	14	TOBAIS Deji	BEDS	21.07			Q
3	51	THOMAS Julian	Warks	21.16			q
4	43	LEVINE Nigel	BEDS	21.23			q
5	250	KIBRIDGE Joseph	N East	21.52			
6	61	WOOLRIDGE Lawrence	KENT	21.63			
7	41	JOHNSON Steve	Berks	21.74			
8	98	REID Leon	Avon & Som				

SEMI 3				WS +2.1m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	21	CRAIG Chris	Lincs	21.11			Q
2	46	ERUCHIE Somto	Leics & R	21.29			Q
3	36	EVANS Luke	Lancs	21.32	1		
4	45	MENSAH Lawrence	Surrey	21.57	1		
5	30	WALKER-KHAN Dannish	Yorks	21.62			
6	37	HAMEED Umar	Yorks	21.70			
7	60	SYLVESTER Lumar	Middx	21.89			

T39 Men's 200m Final

Standard: 21.8

FINAL		WS +1.2m/s				
Posn	Bib	Athlete	County	Perf	Points	UKA
1	46	ERUCHIE Somto	Leics & R	21.09	10	
2	59	LEAVEY Nick	KENT	21.10	8	
3	21	CRAIG Chris	Lincs	21.14	7	
4	51	THOMAS Julian	Warks	21.16	6	
5	43	LEVINE Nigel	BEDS	21.34	5	
6	247	CLOWES Liam	Cheshire	21.49	4	
DQ	14	TOBAIS Deji	BEDS			
DNS	100	KILTY Richard	N East			

T30 Men's 1 mile FINAL

Standard: 4.06

Posn	Bib	Athlete	County	Perf	Points	UKA
1	343	EGERTON Tim	Cheshire	04:19.17	10	
2	837	BURGIN Matt	BEDS	04:19.56	8	
3	843	GOODWIN Jack	BEDS	04:19.88		
4	834	BOXELL James	Yorks	04:20.15	7	
5	842	GAYLE Tom	Staffs	04:20.22	6	
6	839	COLLINS Shaun	Herts	04:21.23	5	
7	836	BRADBURY Carl	Berks	04:21.50	4	
8	855	TYDEMAN James	Essex	04:23.28	3	

T25 Men's 400m Hurdles Heats

Standard: 54

HEAT 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	433	WING Alec	Herts	53.46			Q
2	417	HUGHES David	Humb	54.27	1		Q
3	430	SAUCEDE Zak	Herts	54.77			Q
4	427	REIDY Sean	Cambs	54.91			q
5	401	BARNSHAW Peter	Oxford	54.93			
6	413	GRAINGER George	Sussex	56.56			
7	402	BENEDICKTER Peter	BEDS	58.32			

HEAT 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	404	BLOW Andy	Hamps	53.73	1		Q
2	407	DEMPSEY David	Yorks	54.00			Q
3	403	BENNETT Paul	W Wales	54.17			Q
4	418	LEWIS Bertie	Berks	54.63			q
5	429	ROGHI Jean-Charles	Middx	55.06			
6	416	HORDER Jamie	Glous	55.69			
7	265	WRIGHT James	Cumbria	56.12			

HEAT 3

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	428	ROBINSON Oliver	Yorks	53.69			Q
2	420	LODOWSKI Jonathon	Oxford	54.03			Q
3	412	GARRETT Steven	Berks	54.19			Q
4	411	FORDE Callem	Leics & R	54.32			q
5	708	ECKERSLEY Daniel	Lancs	56.25			
6	426	PARSONS Sam	Sussex	56.40			
7	421	MASON Aaron	Middx	57.62			

HEAT 4

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	419	LIPTON Martin	WD Scot	53.68			Q
2	415	HARRISON Ed	kent	53.71			Q
3	409	FAULKNER Andrew	Dorset	54.28			Q
4	425	OGUNLADE Isaac	Essex	54.43			q
5	424	MORRIS Gareth	kent	55.12			
6	264	ROGERS Adam	N East	55.63			

T34 Men's 400m Hurdles S/Final

Standard: 54

SEMI 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	417	HUGHES David	Humb	51.46			Q
2	415	HARRISON Ed	kent	52.05			Q
3	404	BLOW Andy	Hamps	52.60			Q
4	433	WING Alec	Herts	54.27			q
5	411	FORDE Callem	Leics & R	54.54	2		
6	427	REIDY Sean	Cambs	55.59			
7	430	SAUCEDE Zak	Herts	55.68			

SEMI 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	419	LIPTON Martin	WD Scot	53.11			Q
2	428	ROBINSON Oliver	Yorks	53.72			Q
3	407	DEMPSEY David	Yorks	53.93			Q
4	420	LODOWSKI Jonathon	Oxford	54.39			q
5	425	OGUNLADE Isaac	Essex	54.93			
6	409	FAULKNER Andrew	Dorset	55.00			
7	418	LEWIS Bertie	Berks	56.68			
8	412	GARRETT Steven	Berks	59.08			

T43 Men's 400m Hurdles Final

Standard: 54

FINAL

Posn	Bib	Athlete	County	Perf	Points	UKA
1	415	HARRISON Ed	kent	52.27	10	
2	419	LIPTON Martin	WD Scot	53.05	8	
3	428	ROBINSON Oliver	Yorks	53.55	7	
4	420	LODOWSKI Jonathon	Oxford	54.68	6	
5	407	DEMPSEY David	Yorks	56.20	-	
6	433	WING Alec	Herts	56.38	5	
DNS	417	HUGHES David	Humb			
DNS	404	BLOW Andy	Hamps			

F20 Men's Long Jump Final

Standard: 7.3

Posn	Bib	Athlete	County	Perf		Points	UKA
1	595	CARR John	East Scot	7.58	+1.4	10	
2	616	SMITH Leigh	Staffs	7.49	+1.0	8	
3	594	BURTON Matthew	Kent	7.27	+1.1	7	
4	597	FERNANDEZ Adndre	Middx	7.16	+1.5	6	
5	612	GARDNER Daniel	Yorks	7.09	+2.8	5	
6	600	GREENIDGE-SMITH Kadeem	Herts	7.07	+1.7	4	
7	242	FENN Michael	Northants	7.04	+1.9	3	
8	606	LEWIS Marlon	Warks	6.92	+2.5	2	

F18A Men's Javelin A Pool Pools

Standard: 62

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	579	LUCKWELL Mervin	Bucks	67.77			Q
2	565	BOWEMBO Bonne	Essex	66.90			Q
3	970	FISHER Ben	Mersy	64.01			Q
4	564	ALLSOPP Paul	Yorks	60.27			
5	587	STOKER Matthew	Herts	53.25	2		
6	580	MANSBRIDGE Neil	Sussex	50.14			
7	80	HAZELL Ben	Hamps	44.84			
8	581	MUSKWE Osman	Oxford	44.33			

F18B Men's Javelin B Pool Pools

Standard: 62

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	571	DORAN Lee	S Wales	70.89			Q
2	567	CARTER Jordan	Yorks	65.46			Q
3	574	HARVEY Stuart	Kent	65.23			Q
4	582	PEMBROKE Daniel	Bucks	64.64			Q
5	583	PETERS Lee	Notts	60.39			Q
6	578	LACEY Craig	Middx	58.57			
7	568	CONSTANIOU Jonathan	Herts	53.29			

F23 Men's Javelin Final

Standard: 62

Posn	Bib	Athlete	County	Perf	Points	UKA
1	571	DORAN Lee	S Wales	73.06	10	
2	579	LUCKWELL Mervin	Bucks	70.62	8	
3	565	BOWEMBO Bonne	Essex	70.43	7	
4	582	PEMBROKE Daniel	Bucks	69.53	-	
5	574	HARVEY Stuart	Kent	63.63	6	
6	970	FISHER Ben	Mersy	61.30	5	
7	567	CARTER Jordan	Yorks	59.32	4	
8	583	PETERS Lee	Notts	56.50	3	

F21 Men's Hammer Final

Standard: 56

Posn	Bib	Athlete	County	Perf	Points	UKA
1	534	SMITH Alex	Humb	70.84	10	
2	523	DRY Mark	Bucks	69.49	8	
3	521	BEDFORD James	Humb	66.99		
4	230	BOMBA Michael	Mersy	64.83	7	
5	540	WILLIAMSON Amir	Kent	62.71	6	
6	244	BELL Matthew	Northants	62.15	5	
7	531	RICHARDS Matthew	W Wales	60.51	4	
8	527	JORDAN Andrew	Kent	60.13		

T5 Women's 200M Heats

Standard: 25.00 secs

Heat 1

Posn	Bib	Athlete	County	Perf	Points	UKA
1	243	NELSON Ashlea	Staffs	24.0		Q
2	111	PRYER Helen	Surrey	24.0		Q
3	104	BATTEN Jennie	Glous	24.9		q
4	136	BAKARE Sabrina	BEDS	25.2		q
5	159	WILLIAMS Rebecca	E Wales	25.5		
6	149	PARKER Emily	Leics & R	26.5		
7	84	MANSFIELD Lucy	Lancs	26.6		

Heat 2

Wind = +0.5 m/s

Posn	Bib	Athlete	County	Perf	Points	UKA
1	156	WALL Kim	Essex	24.62		Q
2	176	DUCK Joey	Bucks	25.13		Q
3	135	ALLCOCK Amy	Surrey	25.33		
4	147	NOTTINGHAM Mila	Lancs	25.50	2	
5	142	GAYLE Denise	Middx	25.70		
6	117	WEBSTER Michelle	BEDS	25.79		

Heat 3

Wind = -0.1 m/s

Posn	Bib	Athlete	County	Perf	Points	UKA
1	113	THOMAS Kadie-Ann	Bucks	24.87		Q
2	120	BANJO Susannah	Middx	25.18		Q
3	152	RUDDOCK Ellena	Warks	25.44		
4	158	WENHAM Carley	Sussex	25.55		
5	139	COX Kadeena	Yorks	25.61		
6	143	GUMBS Seemita	Leics & R	26.25		

T13 Women's 200m Final

Standard: 25.00 secs

WS +1.2 m/s

Posn	Bib	Athlete	County	Perf	Points	UKA
1	111	PRYER Helen	Surrey	23.71	10	
2	243	NELSON Ashlea	Staffs	23.85	8	
3	156	WALL Kim	Essex	24.33	7	
4	104	BATTEN Jennie	Glous	24.35	6	
5	113	THOMAS Kadie-Ann	Bucks	24.61	5	
6	176	DUCK Joey	Bucks	24.77		
7	120	BANJO Susannah	Middx	25.19	4	
8	136	BAKARE Sabrina	BEDS	25.21	3	

T2 Women's 800m Heats

Standard: 2m 14.0

Heat 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	751	MURTY Elaine	Kent	02:15.50			Q
2	737	BELL Alex	Yorks	02:15.68			Q
3	490	SNOWDEN Katie	Surrey	02:16.10			Q
4	746	HOLMES Annie	Staffs	02:16.74			q
5	736	REYNOLDS Corin	Hamps	02:17.09	3		
6	745	HARRY Sian	Herts	02:17.10	2		
7	739	BILLINGTON Sophie	BEDS	02:18.14			
8	741	FOY Katherine	Essex	02:21.99			

Heat 2

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	735	AUSTIN Maddy	Surrey	02:15.51			Q
2	757	BURGOYNE Claire	Shrops	02:15.68			Q
3	754	TURNER Alexandra	Derbys	02:15.82			Q
4	740	FORD Caroline	Kent	02:16.06			q
5	282	ARCHER Holly	Suffolk	02:18.00			
6	748	MELLOR Amy	Derbys	02:19.02			
7	742	GARNHAM Helen	Yorks	02:22.08			

T15 Women's 800m Final

Standard: 2m 14.0

Heat 1

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	490	SNOWDEN Katie	Surrey	02:12.12	10		
2	751	MURTY Elaine	Kent	02:12.71	8		
3	737	BELL Alex	Yorks	02:13.04	7		
4	757	BURGOYNE Claire	Shrops	02:14.09	6		
5	735	AUSTIN Maddy	Surrey	02:14.48			
6	754	TURNER Alexandra	Derbys	02:14.84	5		
7	740	FORD Caroline	Kent	02:17.51			
8	746	HOLMES Annie	Staffs	02:17.65	4		

T7 Women's 100M Hurdles Heats

Standard: 14.70 secs

Heat 1				WS = +0.9 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	134	BENNETT Gemma	Essex	13.22			Q
2	161	SOLOMON Serita	Kent	13.62			Q
3	110	NWAWLULOR Marilyn	Middx	13.86	1		q
4	170	DREW Karla	Yorks	14.16			q
5	154	ROWLAND Jo	Surrey	15.01			
6	145	ISOAHO Karoliina	Hamps	15.88			

Heat 2				WS = +1.1 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	175	GAYNOR Stephanie	Herts	13.70			Q
2	172	HOHN Zara	Yorks	13.97			Q
3	169	ROONEY Danielle	Lancs	14.53	2		
4	173	LOVELL Elise	Sussex	15.03			
5	149	PARKER Emily	Leics & R	15.13			
6	92	SEALY Katy	Suffolk	16.57			

Heat 3				WS = -0.6m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	171	HELSEBY Ashley	Mersy	13.53			Q
2	163	WHALLEY Chloe	Bucks	14.90			Q
3	168	PENNET Catriona	East Scot	14.99			
4	162	VAN VULVEN Chloe	Essex	14.99			
5	155	SHURLEY Harriet	Berks	15.03			
6	150	MCCABE Jess	Surrey	15.32			

T18 Women's 100M Hurdles Final

Standard: 14.70 secs

				WS +0.7 m/s			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	134	BENNETT Gemma	Essex	13.27	10		
2	161	SOLOMON Serita	Kent	13.51	8		
3	175	GAYNOR Stephanie	Herts	13.58	7		
4	170	DREW Karla	Yorks	14.15	6		
5	172	HOHN Zara	Yorks	14.50			
DNF	110	NWAWLULOR Marilyn	Middx				
DQ	171	HELSEBY Ashley	Mersy		1		
DQ	163	WHALLEY Chloe	Bucks				

T16 Women's 5000m Final

Standard: 17m 30.0

Posn	Bib	Athlete	County	Perf	Points	UKA
1	717	BROMLOW Lara	Bucks	17:43.35	10	
2	716	BRENTON Laura	Hamps	17:49.80	8	
3	226	MUNN Hayley	Northants	17:51.08	7	
4	277	ADDY Kirsty	Suffolk	17:57.89	6	
5	278	PULSFORD Jo	Northants	18:02.57		
6	719	COWPER Sophie	Surrey	19:18.05	5	

T1 Women's 3000 Steeplechase* Final

Standard: 0

Posn	Bib	Athlete	County	Perf	Points	UKA
1	256	ROBERTS Nicole	Northants	11:00.27	10	
2	983	KIELY Claire	Hamps	11:30.24	8	
3	255	BROWN Emily	Cheshire	11:34.49	7	
4	980	BOSTWICK Sarah	Yorks	11:56.45	6	
5	987	BURNS Stephanie	Yorks	12:17.45		
6						

T8 Women's 3000m Walk Final

Standard: 15.30 secs

Posn	Bib	Athlete	County	Perf	Points	UKA
1	254	JACKSON Johanna	N East	13:15.54	10	
2	989	WHEELER Ann	Warks	16:42.16	8	
3	993	MIDDLETON Helen	BEDS	17:27.58	7	
DQ	991	NOEL Maureen	Middx	-		



F6 Women's Long Jump Final

Standard: 5.65m

Posn	Bib	Athlete	County	Perf		Points	UKA
1	336	WOODMAN Amy	Avon & Som	6.36	+3.0	10	
2	191	NIMMO Jade	East Scot	6.23	+1.5	8	
3	193	PACEY Jenny	Herts	6.12	+1.2	7	
4	798	ABRAHMS Sarah	Surrey	5.95	+2.6	6	
5	183	FERGUSON Lisa	East Scot	5.84	+2.4		
6	189	LEWIS Hannah	North Ire	5.77	+3.7	5	
7	894	O'CONNOR Charis	Surrey	5.70	+2.7		
8	180	CLEMENTS Grace	Cambs	5.67	+2.1	4	
9	491	WILKINS Sophie	Bucks	5.65	+2.1	3	
10	967	ELEYAE Kittan	Essex	5.60	+2.8	2	
11	339	CARR Melissa	N East	5.54	+2.3		
12	173	LOVELL Elise	Sussex	5.50	+2.3		
13	185	HIBBERT Shanara	BEDS	5.38	+2.6		
14	181	CRAWLEY Sonia	Warks	5.33	+4.4		
15	187	HUGHES Emma	BEDS	5.29	+2.5		
16	178	BROWN Sophie	Yorks	5.25	+3.1		
17	799	BAKRE Dee	Middx	5.21	+2.2		
18	128	SAMUEL Laura	Leics & R	5.16	+1.3		
19	92	SEALY Katy	Suffolk	5.02	+2.5		
20	188	JAMES Harriet	Lancs	4.92	+2.2		
-	340	LOWRY Emma	Leics & R	-			
-	174	MORTON Helen	Sussex	-	-		

F7A Women's Javelin A Pool Pools

Standard: 43.00m

Posn	Bib	Athlete	County	Perf		Points	UKA
2	683	WARD Tesni	Notts	48.64			
5	154	ROWLAND Jo	Surrey	40.24			
-	180	CLEMENTS Grace	Cambs	-			
7	118	WILLIAMS Claire	E Wales	37.23			
1	791	SAYERS Goldie	Cambs	57.97			
6	783	DA COSTA Olivia	BEDS	39.16			
3	784	ELLIS Sarah	Hamps	42.11			
4	793	THOMAS Sophie	Wilts	41.12			



F7B Women's Javelin B Pool Pools

Standard: 43.00m

Posn	Bib	Athlete	County	Perf	Points	UKA
7	789	MEAKINS Eloise	Herts	38.36		
6	790	ROBERTS Sarah	Yorks	42.32		
3	795	WATTS Katie	Sussex	49.67		
4	780	BLAIR Jo	Kent	47.79		
2	787	JONES (U20) Freya	Hamps	49.78		
1	796	WHITTINGHAM Laura	Yorks	51.07		
5	872	ONIWINDIS Kiki	Essex	45.16		

F10 Women's Hammer Final

Standard: 42.50m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	862	DOUGLAS Laura	N Wales	60.28	10	
2	864	GAIR Rachel	Notts	58.57	8	
3	669	CARTER Abbi	Humb	55.38	7	
4	866	HYNES Samantha	Middx	55.26	6	
5	870	MURRAY Hayley	Warks	52.77	5	
6	674	EVENDEN Hannah	Yorks	51.97	4	
7	295	JONES Christina	Avon & Som	49.55	3	
8	682	SMITH Sarah	Essex	48.53	2	

F11 Women's Javelin Final

Standard: 43.00m

Posn	Bib	Athlete	County	Perf	Points	UKA
1	791	SAYERS Goldie	Cambs	61.61	10	
2	796	WHITTINGHAM Laura	Yorks	57.08	8	
3	787	JONES (U20) Freya	Hamps	52.82	7	
4	683	WARD Tesni	Notts	52.78	6	
5	795	WATTS Katie	Sussex	50.02	5	
6	780	BLAIR Jo	Kent	49.5	4	
7	790	ROBERTS Sarah	Yorks	49.17	-	
8	872	ONIWINDIS Kiki	Essex	48.06	3	

Monday 30th May 2

T27 Women's 100m Heats

Standard: 12.2

HEAT 1				WS NT			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	229	WILSON Bernice	Lincs	11.57			Q
2	121	BLOOR Louise	Yorks	11.70			Q
3	110	NWAWLULOR Marilyn	Middx	11.88			q
4	130	UGEN Lorraine	Kent	11.92			q
5	103	ADAMS Sarah	Leics & R	12.04	2		
6	126	HOULTON Meagan	Humb	12.49			
7	124	KELLYMAN Milly	Staffs	12.57			
8							

HEAT 2				WS NT			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	248	THOMPSON Toreema	Middx	11.92			Q
2	109	LEWIS Annabelle	Humb	11.93			Q
3	101	BOWEN Shelley	Berks	12.07			
4	123	FRANCIS Azaria	Surrey	12.16	1		
5	88	RODGERS Emily	Suffolk	12.90			
DQ	96	PHILIP Ashea	Essex				
DQ	107	FLEMING Deborah	Corn				

HEAT 3				WS NT			
Posn	Bib	Athlete	County	Perf	Points	UKA	
1	119	WILLIAMS Jodie	Herts	11.49			Q
2	113	THOMAS Kadie-Ann	Bucks	12.01			Q
3	115	TYSON Abbi	Staffs	12.08	1		
4	108	KAFKE Tara	Oxford	12.29			
5	117	WEBSTER Michelle	BEDS	12.36			
6	112	ROBSON Laura	Yorks	12.38			
7	132	WYPER Katy	Lancs	12.73			
8							

T40 Women's 100m Final

Standard: 12.2

FINAL				WS +0.9 m/s		
Posn	Bib	Athlete	County	Perf	Points	UKA
1	119	WILLIAMS Jodie	Herts	11.35	10	
2	229	WILSON Bernice	Lincs	11.58	8	
3	121	BLOOR Louise	Yorks	11.71	7	
4	248	THOMPSON Toreema	Middx	11.87	6	
5	110	NWAWLULOR Marilyn	Middx	11.92	-	
6	130	UGEN Lorraine	Kent	11.95	5	
7	109	LEWIS Annabelle	Humb	11.98	4	
8	113	THOMAS Kadie-Ann	Bucks	12.02	3	

T31 Women's 400m Heats

Standard: 56.5

HEAT 1

Posn	Bib	Athlete	County	Perf	Points	UKA
1	467	CLIFFORD Millie	Wilts	55.51	1	Q
2	159	WILLIAMS Rebecca	E Wales	55.99	1	Q
3	167	COOKSEY Melinda	Worcs	56.66		Q
4	491	WILKINS Sophie	Bucks	56.67		q
5	200	OWUSU Lesley	Berks	57.61		
6	493	WOULD Kate	Derbys	58.01		
7	267	DAVIS Polly	Suffolk	58.33		
8						

HEAT 2

Posn	Bib	Athlete	County	Perf	Points	UKA
1	465	BIRD Tara	Essex	55.05		Q
2	484	PATTERSON Joanna	North Ire	55.33		Q
3	492	WILLIAMS Emma	Warks	55.41		Q
4	494	JAMES Lucy	BEDS	55.68	1	q
5	495	LEGGATE Erin	WD Scot	56.31	1	q
6	487	SHAW Rachel	Yorks	58.47		

HEAT 3

Posn	Bib	Athlete	County	Perf	Points	UKA
1	489	SIMUKONDA Ambwene	Middx	55.65		Q
2	483	PATON Emma	Yorks	55.87		Q
3	266	MCASLAN Kirsten	G Man	56.49		Q
4	39	GALLIGAN Rose-Anne	Glous	57.06		q
5	488	SHELDING Katie	Essex	57.13		
6	473	HARVEY Hayley	Devon	58.57		



HEAT 4

Posn	Bib	Athlete	County	Perf	Points	UKA
1	268	HUNT Dawn	Kent	55.33	1	Q
2	482	OSKAN Shelayna	Middx	55.69		Q
3	270	BRENNAN Lauren	Mersy	56.92		Q
4	219	WILLIS Deborah	Herts	57.67		
5	400	FOSTER Fredrica	Kent	58.06		
6	479	LEWINGTON Rachael	Hamps	58.51		

T38 Women's 400m S/Final

Standard: 56.5

SEMI 1

Posn	Bib	Athlete	County	Perf	Points	UKA
1	465	BIRD Tara	Essex	55.03		Q
2	492	WILLIAMS Emma	Warks	55.41		Q
3	489	SIMUKONDA Ambwene	Middx	55.44		Q
4	484	PATTERSON Joanna	North Ire	55.71		q
5	159	WILLIAMS Rebecca	E Wales	56.44		q
6	494	JAMES Lucy	BEDS	56.59		
7	270	BRENNAN Lauren	Mersy	57.26		
8	39	GALLIGAN Rose-Anne	Glous	57.74		

SEMI 2

Posn	Bib	Athlete	County	Perf	Points	UKA
1	268	HUNT Dawn	Kent	54.83		Q
2	482	OSKAN Shelayna	Middx	55.58		Q
3	266	MCASLAN Kirsten	G Man	55.66		Q
4	467	CLIFFORD Millie	Wilts	56.66		
5	167	COOKSEY Melinda	Worcs	56.75		
6	495	LEGGATE Erin	WD Scot	56.76		
7	491	WILKINS Sophie	Bucks	57.06		
DNS	483	PATON Emma	Yorks			

T44 Women's 400m Final

Standard: 56.5

Posn	Bib	Athlete	County	Perf	Points	UKA
1	492	WILLIAMS Emma	Warks	55.46	10	
2	465	BIRD Tara	Essex	55.59	8	
3	484	PATTERSON Joanna	North Ire	55.71	7	
4	266	MCASLAN Kirsten	G Man	55.98	6	
5	489	SIMUKONDA Ambwene	Middx	57.27	5	
DNS	159	WILLIAMS Rebecca	E Wales			
DNS	268	HUNT Dawn	Kent			
DNS	482	OSKAN Shelayna	Middx			

T26 Women's 1500M FINAL

Standard: 4.3

Posn	Bib	Athlete	County	Perf	Points	UKA
1	762	MITCHELL Ceri	Hamps	04:30.39	10	
2	764	SCOTT Harriet	Essex	04:31.58	8	
3	773	MOSS Emily	Lincs	04:31.93	7	
4	758	ADAMS Jo	Yorks	04:32.27	6	
5	768	BARNES Dani	Corn	04:36.82	5	
6	760	CLARKE Rosie	Surrey	04:41.27	4	
7	771	GRANT Emma	Middx	04:41.55	3	
8	766	WESTON Rebecca	Kent	04:56.16	2	

T24 Women's 400m Hurdles Heats

Standard: 64

HEAT 1

Posn	Bib	Athlete	County	Perf	Points	UKA
1	451	DESAI Nisha	N East	59.79		Q
2	259	OKORO Ese	Warks	59.94		Q
3	461	SOCKETT Katie	Yorks	60.70		Q
4	455	MCCLAY Rachel	Berks	64.21		q
5	462	SPRAY Lucy	Herts	66.16		

HEAT 2

Posn	Bib	Athlete	County	Perf	Points	UKA
1	496	CONVENY Gabrielle	Middx	62.50		Q
2	463	STEVENS Emily	Herts	63.78		Q
3	457	MCMILLAN Connie	Oxford	64.18		Q
4	476	BURKE Laura	Surrey	64.24		q
5	454	MARINO Rosie	Yorks	64.88		

T35 Women's 400m Hurdles Final

Standard: 64

Posn	Bib	Athlete	County	Perf	Points	UKA
1	259	OKORO Ese	Warks	59.76	10	
2	451	DESAI Nisha	N East	60.51	8	
3	496	CONVENY Gabrielle	Middx	61.28	7	
4	461	SOCKETT Katie	Yorks	62.91	6	
5	463	STEVENS Emily	Herts	62.93	5	
6	457	MCMILLAN Connie	Oxford	64.82	4	
7	455	MCCLAY Rachel	Berks	67.05	3	
DNS	476	BURKE Laura	Surrey			



F13 Women's Triple Jump Final

Standard: 11

Posn	Bib	Athlete	County	Perf		Points	UKA
1	966	WILLIAMS Nadia	Middx	13.40	+0.3	10	
2	951	GUTZMORE Sineade	Warks	13.00	+2.3	8	
3	128	SAMUEL Laura	Leics & R	13.00	-0.2	7	
4	364	FRANKSON Hannah	Essex	12.82	+0.8	6	
5	339	CARR Melissa	N East	12.75	+0.7	5	
6	356	WHIGHT Shakira	Berks	12.39	-1.1	4	
7	956	LINSKILL Claire	Devon	12.38	-1.1	3	
8	947	CEESAY Zainab	Surrey	12.28	-0.5	2	
9	946	BLACKIE Lauren	Kent	11.81	-0.2	1	
10	957	LONGWE Tamara	Leics & R	11.78	-0.6		
11	361	SPURLING Tania	Suffolk	11.63	+1.4	1	
12	958	MORGAN Jade	Essex	11.56	-0.8		
13	955	KELLY Anna	Shrops	11.53	-0.6	1	
14	948	EDWARDS Megan	Kent	11.23	-0.5		
15	145	ISOAHO Karoliina	Hamps	10.93	+0.8		
16	950	FRANCIS Shakira	BEDS	10.80	-0.6		
17	360	BREAKS Nichola	Avon & Som	10.67	-0.9		
18	363	ROWE Katie	Northants	10.66	+0.2		
19	949	EVANS Amanda	Warks	10.45	+0.3		

F14 Women's High Jump Final

Standard: 1.66

Posn	Bib	Athlete	County	Perf		Points	UKA
1	328	PERKINS Emma	Sussex	1.82		10	
2	894	O'CONNOR Charis	Surrey	1.75		8	
3	896	PARTRIDGE Bethan	Shrops	1.72		7	
4	899	SASEGBON Moe	Herts	1.69		6	
5	893	MARTIN Deborah	Kent	1.69		5	
6	889	LAKE Poppy	Essex	1.66		3.5	
6	777	SWANSON Sian	N Wales	1.66		3.5	
8	327	HANKINS Daniella	Northants	1.66		2	
8	890	LANGFORD Stevie	Kent	1.66		2	
10	778	SIDDENS Beth	Essex	1.66			
11	170	DREW Karla	Yorks	1.63			
12	898	ROGAN Phillipa	Berks	1.63			
12	329	BERRY Cosima	Northants	1.63			
14	775	RACKHAM Alice	Herts	1.63			
15	92	SEALY Katy	Suffolk	1.63			
16	895	PALMER Suzanne	Derbys	1.60			

F16 Women's Pole Vault Final

Standard: 3



Posn	Bib	Athlete	County	Perf	Points	UKA
1	933	UPTON Sophie	Wilts	3.70	10	
2	931	SHORTLAND Louise	Herts	3.60	8	
3	915	GIBBENS Rachel	Bucks	3.60	7	
4	932	SMITH Steph	Sussex	3.50	6	
5	195	ARNHEIM Rachel	Kent	3.30	5	
5	927	REES Anne	Herts	3.30		
7	199	BLACKWELL Emmilie	Sussex	3.10		
8	924	PARKINSON Caroline	Bucks	3.10		
-	922	MCINTOSH Kirsty	Essex	NHC		
-	917	HAYWOOD Abigail	Yorks	NHC		
-	928	RUBERY Haley	Shrops	NHC		
-	919	HUGHES Liz	Kent	NHC		

F19 Women's Discus Final

Standard: 41.4

Posn	Bib	Athlete	County	Perf	Points	UKA
1	679	NICHOLLS Jade	Surrey	57.35	10	
2	675	FRANCIS Eden	Leics & R	55.56	8	
3	678	LAW Kirsty	ND Scot	50.39	7	
4	684	BROWN Shaunaugh	Kent	48.49	6	
5	671	DHALIWAL Navdeep	Warks	45.36	5	
6	673	DUQUEMIN (U17) Shadine	Hamps	43.08	4	
7	668	BEALES Emma	Bucks	42.34	3	
8	937	HARRISON Melanie	Essex	42.20	2	
9	674	EVENDEN Hannah	Yorks	41.75	1	
10	672	DOWSON (U20) Phoebe	Hamps	39.78		
11	290	TYLER Rachel	Northants	39.09		
12	677	JENKINS Andrea	BEDS	38.37		
-	669	CARTER Abbi	Humb	-		



F22 Women's Shot Putt Final

Standard: 12.3

Posn	Bib	Athlete	County	Perf	Points	UKA
1	684	BROWN Shaunaugh	Kent	15.35	10	
2	938	MCKINNA Sophie	Norfolk	15.10	8	
3	943	WALLENDER Rachel	Worcs	14.96	7	
4	935	DUNCAN Joanne	Essex	13.93	6	
5	934	BENSON Sarah	Yorks	12.98	5	
6	674	EVENDEN Hannah	Yorks	12.84	-	
7	793	THOMAS Sophie	Wilts	12.61	4	
8	937	HARRISON Melanie	Essex	11.63	-	
9	939	MCSWEENEY Nicky	Bucks	10.72	3	
10	340	LOWRY Emma	Leics & R	10.16	2	

F5A Women's Hammer A Pool Pools

Standard: 42.50m

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	669	CARTER Abbi	Humb	55.05			Q
2	674	EVENDEN Hannah	Yorks	52.22			Q
3	870	MURRAY Hayley	Warks	52.03			Q
4	881	WINSON Jenna	Derbys	47.53	1		
5	298	WILSON Katy	N East	47.30	1		
6	880	WHEATMAN Jenna	Yorks	46.83			
7	362	HOWE Georgina	Suffolk	41.60			
8	868	KENT Donna	Kent	38.34			
9	876	SLATER Chloe	Kent	32.59			

F5B Women's Hammer B Pool Pools

Standard: 42.50m

Posn	Bib	Athlete	County	Perf	Points	UKA	
1	862	DOUGLAS Laura	N Wales	59.10			Q
2	866	HYNES Samantha	Middx	56.72			Q
3	846	KNAPP Jamie	Hamps	55.70			Q
4	295	JONES Christina	Avon & Som	50.58			Q
5	682	SMITH Sarah	Essex	48.01			Q
6	865	HENDY Stephanie	Lincs	47.59	1		
7	677	JENKINS Andrea	BEDS	45.70	1		
8	859	BEAUMONT Claire	Notts	42.96			
9	875	SEWELL Beth	Glous	41.61			